

TCU Treatment Manuals (Page 2 of 3) Sept. 15, 2009		Treatment Stage					Focal Topic Areas												Specific Population				Can use the manual for?					
Click on intervention title for description and link to download. Manual availability: D = Download free from IBR Website LP = Printed copies of manual available at cost from: Lighthouse Publications Phone: 309-451-7828 FAX for PO's: 309-451-7761 Texas Institute of Behavioral Research at TCU—Matrix URL: http://www.ibr.tcu.edu/pubs/trtmanual/ManualsMatrix.pdf		Motivation and Induction into Trt	Improving Engagement in Trt	Improving Early Recovery in Trt	Improving Retention and Reentry	Organizational Interventions	Anger management	Communication	Contingency management	HIV/AIDS/STD	Mapping concepts utilized	Motivation	Parenting skills	Recovery/transition skills (aftercare)	Sexual health/Relationships	Social skills/Support Networks	Thinking errors	Treatment planning	12-Step facilitation	Workplace/Organizational issues	CJ specific version included	Men/Male-specific	Women/Female specific	Youth/Adolescent specific	Individual therapy/Treatment planning	Psychoeducational group therapy	Topic-focused modular applications	Training for counselors/staff
		Client interventions																										
Approaches to HIV/AIDS Prevention in Drug Abuse Treatment	D LP				X				X	X					X											X		X
Building Social Networks	D			X				X		X					X						X				X	X	X	
Common Sense Ideas on HIV Prevention and Sexual Health	D				X				X	X					X						X				X	X	X	
Contingency Management Strategies and Ideas	D		X					X		X	X														X		X	X
Downward Spiral: The Game You Really Don't Want to Play	D LP	X						X			X						X									X		X
Getting Motivated to Change	D	X								X	X										X				X	X	X	
Ideas for Better Communication	D			X				X		X											X				X	X	X	
Partners in Parenting	D LP				X					X		X														X		
Straight Ahead: Transition Skills for Recovery	D LP				X			X		X			X		X											X		
Time Out! For Me: An Assertiveness/ Sexuality Workshop for Women	D LP			X				X							X								X		X	X		

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Time Out! For Men: A Communications Skill and Sexuality Workshop for Men	D LP			X				X						X								X			X	X		
Understanding and Reducing Angry Feelings	D		X				X				X										X				X	X	X	
Unlock Your Thinking, Open Your Mind	D		X								X					X					X				X	X	X	
Organizational interventions																												
Team Awareness: Small Business (4-hour workshop for Drugs in the Workplace)	D					X													X						X		X	
Team Awareness (8-hour workshop for Drugs in the Workplace)	D					X													X						X		X	

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