



**B. COUNSELING FOCUS: Circle the answer that shows how much you agree or disagree with each item as a description of your counseling activities with this client during the last 3 months.**

	DISAGREE			NOT	AGREE			
	STRONGLY	.....	.....	SURE	.....	.....	STRONGLY	
1. Responding to crises. ....	1	2	3	4	5	6	7	[46]
2. Discussing occupational issues. ....	1	2	3	4	5	6	7	[47]
3. Establishing trust & rapport. ....	1	2	3	4	5	6	7	[48]
4. Discussing family issues. ....	1	2	3	4	5	6	7	[49]
5. Exploring feelings. ....	1	2	3	4	5	6	7	[50]
6. Making new friends. ....	1	2	3	4	5	6	7	[51]
7. Improving communication skills. ....	1	2	3	4	5	6	7	[52]
8. Negotiating & resolving conflicts. ....	1	2	3	4	5	6	7	[53]
9. Improving family relations. ....	1	2	3	4	5	6	7	[54]
10. Reducing denial. ....	1	2	3	4	5	6	7	[55]
11. Confronting. ....	1	2	3	4	5	6	7	[56]
12. Improving objectivity. ....	1	2	3	4	5	6	7	[57]
13. Assuming appropriate responsibility. ....	1	2	3	4	5	6	7	[58]
14. Defining long-range goals. ....	1	2	3	4	5	6	7	[59]
15. Specifying short-term objectives. ....	1	2	3	4	5	6	7	[60]
16. Developing coping plans & strategies. ....	1	2	3	4	5	6	7	[61]
17. Defining personal boundaries. ....	1	2	3	4	5	6	7	[62]
18. Improving self-esteem. ....	1	2	3	4	5	6	7	[63]
19. Building confidence. ....	1	2	3	4	5	6	7	[64]
20. Praising and encouraging. ....	1	2	3	4	5	6	7	[65]
21. Developing problem-solving skills. ....	1	2	3	4	5	6	7	[66]
22. Managing finances. ....	1	2	3	4	5	6	7	[67]
23. Discussing relapse situations and "triggers." ....	1	2	3	4	5	6	7	[68]

**End of Form**